4 Do I have to take part?

Speaking to someone in your family or someone who supports you can help you to decide.

You should only take part if you want to.

You can stop taking part whenever you want.

5 How can I take part?

Ask your doctor if taking part in healthcare research would be a good thing for you.

Ask your doctor about what research you might be able to take part in.

Or, visit our website: www.bepartofresearch.uk

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Be Part of Research is a campaign to raise awareness of the benefits of health and social care research. This leaflet explains what research is so you can decide if you want to take part.

www.bepartofresearch.uk
#bepartofresearch
1. What is healthcare research?

Healthcare research is how we learn more about illnesses and people’s health.

It can help find the best type of treatment for a disease or illness.

2. Why should I take part?

You could help find the best ways to make people’s health better.

You could help doctors find new treatments.

You could help stop other people from getting ill in future.
What will happen if I take part in healthcare research?

There are lots of different types of research. Taking part in research can involve different activities. If you take part, it might mean:

- More visits to the doctor or to the hospital
- Trying a new medicine
- Having scans
- Answering questions with your doctor or researcher